



Summer 2021

Social Sprouts Summer Camp



Does your preschooler or Kindergartner have difficulty making and keeping friends? Would he/she benefit from recognizing social cues? Does your child need help expressing emotions appropriately? Has he/she been diagnosed with Social Anxiety Disorder, Asperger's Syndrome, Autism or ADHD? Or is he/she simply shy or socially awkward? Are there issues with your child's behavior being disruptive at home school or daycare? Some children need a little extra help learning social skills! Through a series of lessons, activities, games, role-play, worksheets, and videos, our group leader will teach your child to enhance his social skills and self-esteem. This summer camp will place an emphasis on practicing conversational and play skills with peers

The following topics will be covered:

Conversational Skills

- Greeting people
- Starting, maintaining, and ending conversations
- Listening
- Showing interest in other people
- Asking relevant questions

Emotional Regulation

- Identifying and understanding emotions
- Using self-control
- Managing anger and worry
- Relaxation

Getting along with Friends and Peers:

- Taking turns and sharing
- Learning to wait
- How to handle being teased
- How to ask a peer to play
- Accepting criticism
- Giving compliments
- Good Sportsmanship

Understanding Social Skills

- Keeping hands to oneself
- Saying hello
- Proper eye contact
- Personal Space
- Speaking with an appropriate tone and volume



WYNNS FAMILY PSYCHOLOGY
expert solutions for kids, teens & families



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- When:** June 28th - July 2nd from 9:00 AM- 12:00 PM
- Where:** Cary Office Location:
130 Preston Executive Drive, Suite 202, Cary NC 27513
- Who:** Therapist Lauren Bowman and co-leaders as needed, ensuring a small leader-to-student ratio
- Grades:** Pre-K –Kindergarten (Minimum age is 4 years).
- Fee:** 45-minute consult (required) with parent and child (\$135)
Camp Fee: \$495 for the week
Deposit to hold spot: \$50 (Applied to the total cost of camp, non-refundable. Balance is due 1 week prior to camp, non-refundable).
Camps are coded as group therapy: CPT code 90853
10% Discount for registering before June 15th!
All consult fees, deposits and advanced payments are non-refundable
- Register:** Call 919-467-7777 or email groups@wynnsfamilypsychology.com.
Visit WynnsFamilyPsychology.com to learn more about the practice and the group leaders.

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!