



Summer 2020

Virtual Teen Summer Camp



Would you like for your teen to get out into the community, have fun with his peers, and further develop his social skills all at the same time? Wynns Family Psychology is pleased to offer an advanced social skills summer camp for teenagers! This week-long, activity-based camp will provide teens with the opportunity to learn and practice social skills in "real time." Using a combination of office-based interpersonal group therapy combined with community-based social activities (bowling, lunch out, outdoor activities, etc.), this camp will help your teen improve life skills and build self-esteem!

Topics for this group include:

- Respecting others and being treated with respect
- Dealing with bullying (both in real life and online)
- How to handle being teased and left out
- Handling rumors and gossip
- Dealing with cliques
- Battling peer pressure and learning how to make the right choices
- Feeling good about yourself and improving your mood
- Overcoming worried thoughts
- Using self-control and anger management
- Problem solving and conflict resolution skills
- Moving from acquaintances to close friendships
- Socializing and hanging out with peers
- How to feel like you belong vs. being the outsider

Cary 130 PRESTON EXECUTIVE DR, STE 202 Raleigh 9207 BAILEYWICK RD, STE 203 Greensboro 2709-B Pinedale Rd Phone 919.467.7777





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When:	Virtual Teen Summer Camp <u>Online:</u> July 27th -31 st from 1:00 PM- 4:00 PM with Therapist Morgan Lavender
Where:	Online! You will be provided with log-in information one week prior to camp.
Who:	Therapist Morgan Lavender; plus, coleaders as needed, ensuring a small leader-to-student ratio
Grades:	9 th -12 th Grade
Fee:	 45-minute consult (required) with parent and child (Fees vary depending on clinician, Non-refundable) Camp Fee: \$495 for the week Deposit to hold spot: \$50 (Applied to the total cost of camp, non-refundable. Balance is due 1 week prior to camp, non-refundable). Camps are coded as group therapy: CPT code 90853 (95) 10% Discount for registering before June 15th! All consult fees, deposits and advanced payments are non-refundable A small snack may be provided. Please let us know of any food allergies in advance.
Register:	Call 919-467-7777 or email Info@WynnsFamilyPsychology.com. Visit WynnsFamilyPsychology.com to learn more about the practice and the group leaders.

Space is Limited So Call or Email Now to Reserve Your Spot!