



WYNNS family psychology

SPRING GROUP 2023

# G.L.A.S.S.

Getting Loud, Acknowledging  
Silent Siblings

HIGH SCHOOL:  
9TH - 12TH GRADES

Wednesday 5 - 6pm

Does your teen have a sibling with a disability? G.L.A.S.S. is a group specifically designed for these teens to help provide concrete skills and support from others who understand this unique sibling experience.

Topics covered include: Self-advocating without guilt, coping strategies and skills, increased self-esteem, and healthy boundaries and self-care.



**REGISTER NOW!**

📞 Call 919-467-7777 or email

✉ [groups@wynnsfamilypsychology.com](mailto:groups@wynnsfamilypsychology.com)



## **WHERE:**

Online! A link will be shared with all registered members. Anyone in the state of North Carolina at the time of session is invited!

## **WHO:**

**Emily Thompson, LCMHC-A**

## **WHEN:**

**Wednesday 5pm - 6pm**

- March 1st- April 19th
- 8 Week Virtual Group

## **GROUP FEES (All Non-Refundable):**

- 60-minute consult (required) with parent and child (fee not included in total cost of the group)
- Weekly Group Fee: \$95 per session
- 8-week group price: \$760 (not including consult)
- Deposit: \$95 deposit required to reserve spot (non-refundable, due in full at time of registering)

## **JOIN US!**

**Email [groups@wynnsfamilypsychology.com](mailto:groups@wynnsfamilypsychology.com) or call 919-467-7777. Hurry! Spaces are limited.**



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