



WYNNS family psychology
expert solutions for kids, teens & families



Summer 2021

Middle School Summer Camp



This summer, do you want your middle schooler to learn how to make and keep new friends? Would you like to enhance his/her self-confidence? Do you want him/her to learn how to handle conflicts peacefully? Deal with teasing and bullying? Battle peer pressure? Combat social anxiety and fears? Our intensive Middle School Social Skills Summer Camp can help! Many tweens can use a little help improving their social skills! And our social skills groups and summer camps provide a safe and relaxed environment for children to practice skills with peers and receive immediate feedback and coaching. This camp will offer a unique blend of role-play, games, craft activities, books, videos, modeling, coaching, positive reinforcement, communication with parents, and “learning time” to practice social skills.

Some of the skills we will be working on include:

- Making and keeping friends
- Conversational skills and reading social cue
- Giving and accepting compliments
- Reducing impulsivity and using self-control
- Handling anger, frustration and embarrassment
- Reacting to failure
- Dealing with disappointments and friendship “drama”
- Responding safely to cyber-bullying (through emails, texts, social media, etc.)
- Deciding whether to participate in online social worlds (Facebook, Instagram, etc.)
- Dealing with cliques and how to handle being teased or left out
- Not talking about peers behind their backs
- Conflict resolution and staying out of fights
- Battling peer pressure
- Problem-solving and negotiating
- Accepting “no” and accepting consequences
- Handling shyness and social anxiety
- Improving self-esteem
- Being honest
- Improving organization



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In Person Camp Details:

When: July 5th - July 9th from 9:00 AM-12:00 PM

Where: The Office of Wynns Family Psychology

Cary: 130 Preston Executive Drive, Suite 202, Cary, NC 27513

Who: Michelle Dodson; plus co-leaders as needed, ensuring a small leader-to-student ratio

Virtual Camp Details:

When: August 2nd-August 6th from 9:00 AM-12:00 PM

Where: Online and open to any child in NC!

Log-in information will be provided by group leader one week prior to start

Who: Dr. Leandra Irving; plus co-leaders as needed, ensuring a small leader-to-student ratio

Grades: 6th-8th grade

Fee: 45-minute consult (required) with parent and child (Fees vary depending on clinician, Non-refundable)
Camp Fee: \$495 for the week
Deposit to hold spot: \$50 (Applied to the total cost of camp, non-refundable. Balance is due 1 week prior to camp, non-refundable).
Camps are coded as group therapy: CPT code 90853 (95)
10% Discount for registering before June 15th!
All consult fees, deposits and advanced payments are non-refundable

Register: Call 919-467-7777 or email groups@wynnsfamilypsychology.com.
Visit WynnsFamilyPsychology.com to learn more about the practice and the group leaders.

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!