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## **PRE-PAID THERAPY PACKAGES**



Wynns Family Psychology offers package pricing for 45-minute therapy sessions for our new and EXISTING clients

THE VALUE IS ONE FREE THERAPY SESSION!!

2021 Package pricing for TEN **45-minute** therapy sessions\*\*:

- Dr. Wynns
- Senior Level Psychologists:
- Doctorate-level Psychologists:
- Masters-level Psychologists:

\$2115.00 (a \$235 savings) \$2025.00 (a \$225 savings) \$1,530.00 (a \$170 savings) \$1,260.00 (a \$140 savings)

\* \*Therapy packages are available for 60 minute and 90 minute sessions as well. Ask for pricing.

Acceptable forms of payment include HSA/FSA card, credit card, check, or cash.

## **Research Shows...**

A 2001 study published in the Journal of Counseling Psychology found that patients improved most dramatically between their seventh and tenth sessions.

In his chapter "The Efficacy and Effectiveness of Psychotherapy", Michael Lambert reviews relevant publications and concludes (p.204) "Therapy is highly efficient for a large minority of clients, perhaps 30% of whom attain a lasting benefit after only three sessions," and when monitoring for a "reliable improvement...it appears 50% of patients respond by the 8th session and 75% are predicted to need at least 14 sessions to experience this degree of relief."